PREPARE YOURSELF!

MEMBER MAGAZINE MAY 2023 **★NORTHERN CALIFORNIA**

PUBLIC MEDIA

NorCa ★ Asian Americans and Pacific Islanders



China: Frame by Frame







Barakan Discovers: Ainu – A New Generation

Monday, May 1 at 9 pm on KRCB TV Sunday, May 21 at 7 pm on KPJK TV

Host Peter Barakan meets the Ainu – the indigenous people of northern Japan, once subjected to cultural assimilation policies, and many of their traditions lost.

China: Frame by Frame

Monday, May 8 at 9 pm on KRCB TV Monday, May 15 at 8 pm on KPJK TV

Emmy Award-winning filmmaker Bill Einreinhofer reflects on the time he spent in China, what he discovered, what he learned, and the dramatic changes he witnessed.

Come Back Anytime

Sunday, May 14 at 7 pm on KPJK TV

Self-taught ramen master Masamoto Ueda and his wife Kazuko have run their Tokyo ramen shop, Bizentei for more than forty years. Together with their customers, they have created a welcoming place of community. Features gorgeous scenery, mouth-watering dishes, and a delightful cast of regular customers.

Meet and Eat at Lee's Garden

Sunday, May 21 at 7 pm on KRCB TV

Filmmaker Day's Lee recalls her memories of her family's restaurant Lee's Garden, one of the first Chinese restaurants to open outside of Montreal's Chinatown in the 1950s. This film explores how these early restaurants played an important role in the social history of Chinese and Jewish communities.

Hawaiiana

Monday, May 22 at 9 pm on KRCB TV

Examines the enduring legacy of Winona "Aunty Nona" Beamer, an educator, storyteller, composer, and hula expert who dedicated her life to preserving and celebrating traditional Hawaiian culture. She coined the now well-known term "Hawaiiana" to represent a school curriculum that included the best of Hawaiian culture, history, and knowledge.

From the President

Dear Friends and Supporters,

The Bay Area is disaster prone. For those of us who call this region home, there is a significant possibility that we will be faced with the immediate effects of a natural disaster or the ramifications of the aftermath. If our homes are not negatively impacted by spreading wildfire, rising flood waters, or the movement of the ground beneath our feet – there is a high likelihood that we will be dealing with temporary evacuations, loss of power, or road closures.



Darren LaShelle President and CEO

NorCal Public Media is proud to be working with the Sonoma County Department of Emergency Management under a grant from the Federal Emergency Management Agency (FEMA) to produce the five-part multimedia series Prepare Yourself! Over the next five months, you'll learn how to get your family and home ready to deal with natural disasters. Experts share helpful hints and checklists, along with a series of fun skits, songs, and memorable moments.

Join us for our first episode (see page 5) this month. When we are all prepared, our community can survive and thrive together.

















Broadcasting on 104.9 FM, 91.1 and 90.9

Streaming & podcasting at norcalpublicmedia.org and on our free mobile app

KRCB (2) PBS

Comcast Cable and AT&T U-verse TV. DISH and DirecTV Satellite, Channel 22 & 200 Over-the-air digital: Channel 22.1 22.2 (Create) 22.3 (NHK)



Comcast Cable: Channel 17 AT&T U-verse TV & DirecTV Satellite: Channel 43 DISH: Channel 60 Over-the-air digital: Channel 60.1, 60.2 (France 24) 60.3 (NHK), 60.4 (Deutsche Welle), 60.5 (FNX), 60.6 (KCSM FM Jazz TV)

Write Us: 5850 Labath Avenue, Rohnert Park, CA 94928 Email: viewer@norcaloublicmedia.org

Call or Fax: Voice - 707.584.2000 or 800.287.2722 Fax - 707.585.1363





NorCal★ Memorial Day



My Grandparents' War

Thursdays at 8 pm on KRCB TV

Follow international stars as they journey into the past to learn about their grandparents' wartime experiences, and discover the extraordinary impact of global conflict on their families.



Conveying the Horrors of War: Ukraine's Frontline Journalists

Tuesday, May 9 at 8 pm on KPJK TV

Since the Russian invasion in February 2022, the journalists of Ukraine's public broadcaster, Suspilne, find themselves battling to report what's happening on the frontlines. They continue to operate from temporary headquarters, often amid the wailing of air raid alerts.



Culture Quest: Ukraine

Tuesday, May 16 at 8 pm on KPJK TV

As most of the world watched in shock when Russia invaded Ukraine, the artists, musicians, writers and keepers of culture in Ukraine rose to the challenge of defending their homeland in any way possible.



The Tuskegee Airmen: Return to Ramitelli

Wednesday, May 17 at 8 pm on KPJK TV Sunday, May 28 at 7 pm on KRCB TV

This film returns to Ramitelli airfield in Italy to share the history of the group of Black military pilots who helped shift the tides of WWII. Narrated by country music star Darius Rucker



Breath of Freedom

Sunday, May 28 at 9 pm on KRCB TV

This is the remarkable story of how World War II and its aftermath played a huge role in the civil rights movement, and includes the powerful recollections of veterans like Charles Evers – brother of slain Civil Rights icon Medgar Evers – and Tuskegee ace pilot Roscoe Brown.

NorCal ★ Digital

Prepare Yourself!

Monday, May 29, 2023 at 9 pm



NorCal Public Media is proud to present the first episode of a five-part series called *Prepare Yourself!*Together with the Sonoma County Department of Emergency Management, the U.S. Department of Homeland Security, and FEMA (the Federal Emergency Management Agency), NorCal has designed this series to give common sense advice about preparing for a natural disaster. The first episode centers on what you

can do to protect yourself and your family in the aftermath of a flood emergency. Over the coming months, programs will feature information about Earthquakes and Tsunamis, Wildfires, and Neighborhood Preparedness.

This innovative series takes a unique approach to disaster preparation, with clever satire, entertaining skits, and original music. The programs draw inspiration from popular culture, media references, and sketch comedy. *Prepare Yourself!* is not your typical public television program. Our hosts guide you through a half-hour of memorable moments that have fun, yet relay important information about home emergency kits, go-bag readiness, property protection, and how neighbors and communities can help each other during emergencies and evacuations. Tune in. Learn some great information. Have fun. And most importantly of all – *Prepare Yourself!*



Bay Area Bountiful: Living with Climate Change – Heads Above Water

On this edition of *Bay Area Bountiful* We see how SF Bay communities are beginning to prepare for sea level rise with a look at the newly begun South Shoreline Project to protect low-lying neighborhoods; we hear from ocean scientists who are at work regrowing massive kelp forests that could sequester thousands of tons of carbon dioxide; and we visit a Pasadena start-up developing seawater technology that may pull gigatons of carbon dioxide out of the atmosphere.

Tuesday, May 30 at 9 pm on KRCB PBS

Wednesday, May 31 at 7 pm on

KPJK @

KRCB 104.9 Weekly Schedule							
Plus	91.1 FM & krcb.org MONDAY	TUESDAY	WEDNES	DAY	THUR		
5:00				_			
5:30	DEMO	OCRACY NOW! Amy Goodn	nan & Juan Gonzalez	Z			
6:00							
6:30							
7:00	MORNING EDITION - NPR NEWS Local Sonoma County news four times per hour with Mark Prell						
7:30							
8:00							
8:30							
9:00							
9:30							
10:00		IING MUSIC					
10:30	With Bi	rian Griffith					
11:00							
11:30		NEW RELEASE HOUR with Brian Griffith & Doug Jav	no				
12:00		With Dilan dilina & Dong on)	iie	0	ALIANA CALINI		
12:30				-	ONOMA COUNT ith Doug Javne		
1:00	KRCR	MIDDAY MUSIC					
1:30		RICANA, FOLK, BLUES, AI	ND WORLD MUS	SIC			
2:00	with Do	oug Jayne		,,,,			
2:30							
3:00							
3:30	FRESH AIR with Terry Gross						
4:00							
4:30	ALL TH	IINGS CONSIDERED - NDI	NEWS				
5:00	ALL THINGS CONSIDERED - NPR NEWS Local Sonoma County news four times per hour from KRCB's news team						
5:30	Lucia oc	months obtainly notes four times	per nour nom rance	7 3 110 WO 10 4			
6:00							
6:30	THE DA	AILY Hosted by Michael Bart	paro, powered by <i>Ti</i>	he New Yor	k Times		
7:00	YOUR AVERAGE	-	NEW RELEASE				
7:30	ABALONE	LADY SPINS THE BLUES	Doug Jayne and Brian Griffith		CONNE		
8:00	Johnny Bazzano FOLKALLEY	Mary Carroll		iffitn	Michelle		
8:30	Elena See		RHYTHM & ROOTS Mark Nicholas	BEYOND AND BACK			
9:00 9:30	THE DIRTY CELLO		THE HUMAN VOICE	Hillary			
	RADIO HOUR		Phil DeBar	Culhane	HEVAN BULVE		
10:00 10:30		WAY BACK IN			HEAVY ROTAT		
11:00	MOUNTAIN STAGE	THE ALLEY BLUES Big Daddy Cain	AMERICAN RO	OUTES	ART OF T		
11:00	Larry Groce	Dig Duta, Jam.	Nick Spitz	er			
12:00					John Dillon		
1:00							
2:00		MO	RNING MUSIC WITH	BRIAN GRIF	FITH		
2.00		ino	minica modio mini	Dimini Gim			
1		BOLD : Locally produ	ood programmin	20			
	Podcast available	available for stream		19			

DAY		FRIDAY	SATURDAY	SUNDAY	
			TRAVEL WITH RICK STEVES	SNAP JUDGMENT Glynn Washington	
			WEEKEND EDITION NPR NEWS Scott Simon	WEEKEND EDITION NPR NEWS Lulu Garcia Navarro	
			THIS AMERICAN LIFE Ira Glass	CLIMATE ONE FORUMS	
			REVEAL Ctr for Investigative Reporting	A NOVEL IDEA (1ST & 5TH), (a) ALTERNATIVE RADIO	
/ MUSIC HO	UR		THISTLE & SHAMROCK Fiona Ritchie	SUNDAYS WITH MICHAEL O'BRIEN Michael O'Brien	
			BRIAN'S WORLD Brian Elie	CROSSING BORDERS Amy Contardi Lindajoy Fenley Will Woods	
			OUR ROOTS ARE SHOWING Steve DeLap	DIASPORA DANCE PARTY	
			Kevin Russell	ALT.LATINO	
				ALL SONGS CONSIDERED	
			ALL THINGS CONS	NSIDERED - NPR NEWS	
			LATINO USA	CHRISTOPHER KIMBALL'S MILK STREET RADIO (1^{ST} , 3^{RD} & 5^{TH}), SAVORING SONOMA with Clark Wolf	
CTIONS	DINO'S GARAGE		1877	TED RADIO HOUR	
stewart	Dino Poortaste	JAZZ CONNECTIONS Chuck Sher (1st)	OUTBEAT LGBT Radio		
ON WITH RIC	STRANGE CURRENCY Jedd Beaudoin	JAZZ NIGHT IN AMERICA RETURN TO THE SOURCE	BEALE STREET CARAVAN Pat Mitchell-Worley & Kevin Cubbins SPACE/TIME (1ST & 3RD) Paul E.		
ox	FLASHBACK Bruce Robinson				
E SONG Viv Nesbit	N	ETOWN lick & Helen Forster	NOTES FROM THE JAZZ UNDERGROUND Paul Abella	DEEP THREES JJ Berglund	
			BLUES BEFORE SUNRISE Steve Cushing	MORNING MUSIC WITH BRIAN GRIFFITH	

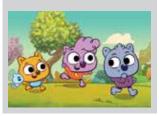
Front Office: 707-584-2000 Radio Studio: 707-584-2020

KRCB OPBS Daytime Listings

MONDAY

4am DW Global 3000 4.30 Chavis Chronicles 5am **Democracy Now!** 6am **♦ Classical Stretch:** By Essentrics 6:30 Wild Kratts 7am Odd Squad 7:30 Sesame Street 8am Daniel Tiger's Neighborhood Rosie's Rules 8:30 9am **Curious George**

9:30 Work it Out Wombats!



10am Knit and Crochet Now 10:30 Fons and Porter's Love of Quilting

11am Cycle Around Japan Highlights

11:30 Yan Can Cook: Spice Kingdom

12pm Democracy Now!

1pm Tell Me More with Kelly Corrigan

1:30 History with David Rubenstein 2pm NOVA

3pm Joanne Weir's Plates and Places

3:30 W1A

4pm ♦ Yndi Yoga

4:30 BBC World News America 5pm NHK Newsline

5:30 PBS NewsHour

6:30 DW The Day

TUESDAY

4am Consuelo Mack Wealthtrack 4:30 Laura Flanders Show

5am Democracy Now!

♦ Happy Yoga with Sarah Starr

6:30 Wild Kratts

7am Odd Squad 7:30 Sesame Street

8am Daniel Tiger's Neighborhood

8:30 Rosie's Rules

9am **Curious George**

9:30 Work it Out Wombats!

10am Best of the Jov of Painting

10:30 Journeys in Japan

11am Wild Nevada

11:30 Christopher Kimball's Milk Street Television

12pm Democracy Now!

1pm Amanpour & Co.

2pm Nature

3pm Cook's Country

3:30 As Time Goes By

4pm ♦ Classical Stretch: By Essentrics

BBC World News 4:30 America

5pm NHK Newsline

5:30 PBS NewsHour

6:30 DW The Day

WEDNESDAY

4am DW Focus on Europe

4:30 Asia Insight

Democracy Now! 5am

♦ Classical Stretch: 6am By Essentrics



6:30 Wild Kratts

7am Odd Squad 7:30 Sesame Street

8am Daniel Tiger's Neighborhood

8:30 Rosie's Rules

9am **Curious George** 9:30 Work it Out Wombats! 10am This Old House 10:30 Motorweek

11am Where We Call Home

11:30 New Scandinavian Cooking

12pm Democracy Now! 1pm Amanpour & Co.

2pm Changing Planet 5/3 & 5/10; Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture 5/17; Shinmachi: Stronger Than a Tsunami 5/24; Bay Area Bountiful 5/31



Bay Area Bountiful 5/31

3pm America's Test Kitchen

3:30 W1A

4pm ♦ Wai Lana Yoga **BBC World News** 4:30

America

5pm NHK Newsline 5:30 **PBS NewsHour**

6:30 DW The Day

THURSDAY

4am To the Contrary with Bonnie Erbe

4:30 Gzero World with Ian

Bremmer 5am **Democracy Now!**

6am ♦ Happy Yoga with Sarah Starr

6:30 Wild Kratts

7am Odd Squad

7:30 Sesame Street

8am Daniel Tiger's Neighborhood

8:30 Rosie's Rules

9am Curious George

9:30 Work it Out Wombats! 10am Ask This Old House

Daytime Listings KRCB **PBS**

10:30 Classic Woodworking
11am 🗘 In the Americas with
David Yetman

11:30 Dining with the Chef 12pm Democracy Now!

1pm Amanpour & Co.

2pm Finding Your Roots

3pm Pati's Mexican Table

3:30 Keeping Up Appearances

4pm ♦ Sit and Be Fit

4:30 BBC World News America

5pm NHK Newsline

5:30 PBS NewsHour

6:30 DW The Day

FRIDAY

4am DW Euromaxx

4:30 Love & Respect with Killer Mike

5am Democracy Now!

6am ♦ Classical Stretch: By Essentrics

6:30 Wild Kratts

7am Odd Squad

7:30 Sesame Street

8am Daniel Tiger's Neighborhood

8:30 Rosie's Rules 9am Curious George

9:30 Work it Out Wombats!

10am Growing a Greener World

10:30 J Schwanke's Life in Bloom

11am Curious Traveler



11:30 Lidia's Kitchen 12pm Democracy Now! 1pm Amanpour & Co.

2pm Celebrity Antiques

Road Trip
3pm Moveable Feast with

Relish

3:30 Almost Royal

4pm ♦ Yoga in Practice

4:30 BBC World News America

5pm Asia Insight

5:30 PBS NewsHour

6:30 DW The Day

SATURDAY

6am ♦ Sit & Be Fit

6:30 ♦ Your Fountain of Youth with Lee Holden

7am Mister Rogers' Neighborhood

7:30 Sesame Street

8am Arthur

8:30 Dinosaur Train

9am Curious George

9:30 Wild Kratts

10am Kids for Positive Change



10:30 Family Travel with Colleen Kelly 11am Lidia's Kitchen

11:30 America's Test Kitchen

12pm Cooks Country

12:30 Pati's Mexican Table

1pm Amanpour & Co.

2pm Shakespeare & Hathaway: Private

Investigators

3pm Sanditon on Masterpiece; Tom Jones on Masterpiece begins 5/20

4pm W1A

4:30 Almost Royal

5pm As Time Goes By

5:30 Finding Your Roots 6:30 PBS News Weekend

SUNDAY

6am ♦ Wai Lana Yoga

6:30 ♦ Yoga in Practice

7am ♦ Classical Stretch: By Essentrics

7:30 Rick Steves Europe



8am Bay Area Bountiful

8:30 Samantha Brown's Places to Love

9am Joseph Rosendo Travelscope

9:30 Fly Brother with Ernest White II

10am Joanne Weir's Plates & Places

10:30 Yan Can Cook: Spice Kingdom

11am Nature

12pm NOVA

1pm Frontline

2pm Common Ground with Jane Whitney

3pm Broadchurch; What to Do When Someone Dies begins 5/14

4pm DW Focus on Europe

4:30 Consuelo Mack Wealthtrack

5pm To the Contrary with Bonnie Erbe

5:30 Opportunity Knock\$

6pm Love & Respect with Killer Mike

6:30 PBS News Weekend

○ New Programming

♦ Health Connections Programming

Bay Area Bountiful/ Environment/Ag Programming

KRCB OPBS Primetime Listings

1 MONDAY

7pm **② W1A, Season 1, Episode 3**

7:30 Motorweek

8pm NOVA: Weathering the Future

9pm Sarakan Discovers: Ainu – A New Generation (See p. 2)

10pm Seaside Hotel, Season 5, Episode 1. The hotel opens summer 1932 for previous years' guests and stockbroker Molin and wife.

11pm PBS NewsHour 12am Best of Primetime

2 TUESDAY

7pm As Time Goes By7:30 America's Forests with Chuck Leavell: Oregon

8pm Nature: Born in the Rockies – Growing Up

3 WEDNESDAY

7pm Shakespeare & Hathaway: Private Investigators, Season 4, Episode 4

8pm Sanditon on Masterpiece, Season 3, Episode 5

9pm Halifax: Retribution, Conclusion

10pm © Celebrity Antiques Road Trip. Guests are Lesley Joseph and Christopher Biggins.

11pm PBS NewsHour 12am Best of Primetime

4 THURSDAY

7pm Keeping Up Appearances 7:30 Lucky Chow

(See p. 4)

10pm Professor T, Season 3, Episode 10

11pm PBS NewsHour 12am Best of Primetime

5 FRIDAY

10pm Independent Lens:

Duty Free. Fired from a lifelong job, a 75-year-old mom teams up with her son to reclaim her future through bucket list adventures.



11pm PBS NewsHour 12am Best of Primetime

6 SATURDAY

10pm My Music with Rhiannon Giddens: Old Friends

10:30 Kiriko's Crime Diary, Episode 2

11:30 Songs at the Center, Part Two: Becky Buller, Tim Easton, The Dinallos

12am Best of Primetime

7 SUNDAY

10pm 🗘 Isabel and Roy

10:30 La Otra Mirada, Season 2, Episode 8 12am Best of Primetime

3 MONDAY

7pm **W1A, Season 1, Episode 4**

7:30 Motorweek

8pm ONOVA: Chasing Carbon Zero

9pm China: Frame By Frame (See p. 2)

10pm Seaside Hotel, Season 5, Episode 2 11pm PBS NewsHour

12am Best of Primetime

9 TUESDAY

7pm As Time Goes By
7:30 America's Forests
with Chuck Leavell:
Colorado

8pm Nature: The Hummingbird Effect

9pm Changing Planet
10pm The Hunter, Episode 9
11pm PBS NewsHour
12am Best of Primetime

10 WEDNESDAY

7pm Shakespeare & Hathaway: Private Investigators, Season 4, Episode 5

8pm Sanditon on
Masterpiece, Season
3, Episode 6 – Series
Finale. Charlotte
desperately wants to
tell Colbourne the truth
about her feelings, but
a shocking revelation
stops her in her tracks.

9pm What to Do When Someone Dies, Episode 1

10pm © Celebrity Antiques Road Trip. Guests are Phil Vickery MBE and Martin Off.

11pm PBS NewsHour 12am Best of Primetime

Primetime Listings KRCB OPBS

11 THURSDAY

7pm Keeping Up Appearances

7:30 Lucky Chow

8pm **3 My Grandparents' War: Keira Knightley**(See p. 4)

9pm Frontline: Weinstein10pm Professor T, Season 3,

Episode 11 11pm PBS NewsHour 12am Best of Primetime

12 FRIDAY

7pm Almost Royal: Holidays

7:30 Samantha Brown's Places to Love

9pm Independent Lens: Hidden Letters. The bonds of sisterhood and the parallels of struggles among generations of women in China are drawn together by the oncesecret written language of Nushu, the only script designed and used exclusively by women.

10:30 • Reconnecting Roots: Philanthropy – For the Love of Man

11pm PBS NewsHour 12am Best of Primetime

13 SATURDAY

7pm Ask This Old House 7:30 This Old House 8pm Austin City Limits:

Rufus Wainwright.
Enjoy an intimate hour with the renowned singer/songwriter.

9pm The Kate: Delbert Mcclinton and the Self-Made Men + Dana

10pm My Music with Rhiannon Giddens: Allison Russell 10:30 Kiriko's Crime Diary, Episode 3

11:30 Songs at the Center: 100th Episode featuring Jeff Daniels

12am Best of Primetime

14 SUNDAY

7pm Trolley Park: Midway Memories

7:30 Ride. A community builds a carousel from scratch.

8pm Great Performances at the Met: The

Hours. Enjoy Renee Fleming's return to the Met in this new production inspired by Virginia Woolf's "Mrs. Dalloway."

10:30 La Otra Mirada,
Season 1, Episode 1.
After the mysterious
murder of the Spanish
ambassador in Lisbon,
Teresa follows a lead to
a young girls' academy
in Seville.

12am Best of Primetime

15 MONDAY

7pm **W**1A, Season 1, Episode 5

7:30 Motorweek

8pm NOVA: Saving the Right Whale. The North Atlantic right whale is on the brink of extinction. But a handful of specialists are determined to help save it as they discover new secrets about the lives of these giants of the sea.

10pm Seaside Hotel, Season 5, Episode 3

11pm PBS NewsHour 12am Best of Primetime

16 TUESDAY

7pm As Time Goes By
7:30 America's Forests with
Chuck Leavell:
South Carolina

8pm • Nature: Niagara Falls

9pm Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture (See p. 2)

10pm The Hunter, Episode 10

11pm PBS NewsHour 12am Best of Primetime

17 WEDNESDAY

7pm Shakespeare & Hathaway: Private Investigators, Season 4, Episode 6

hit it off, despite their wildly contrasting backgrounds. Molly complicates the picture for Tom and Blifil for Sophia.



9pm What to Do When Someone Dies, Episode 2

10pm Celebrity Antiques Road Trip. Guests are John Nettles Obe and Barbara Flynn.

11pm PBS NewsHour 12am Best of Primetime

18 THURSDAY

7pm Keeping Up Appearances

KRCB OPBS Primetime Listings

7:30 Lucky Chow

8pm O My Grandparents' War: Emeli Sande

(See p. 4)

9pm Frontline: Growing Up Poor in America

10pm Professor T, Season 3, Episode 12

11pm PBS NewsHour 12am Best of Primetime

19 **FRIDAY**

7pm Almost Royal: Los Angeles

7:30 Samantha Brown's Places to Love

8pm C Love, Inevitably, Episode 9

9pm Ondependent Lens: Free Chol Soo Lee

10:30 C Reconnecting Roots: Bourbon - The Spirit of America

11pm PBS NewsHour 12am Best of Primetime

20 **SATURDAY**

7pm Ask This Old House 7:30 This Old House

8pm Austin City Limits: Texas Icons - Jerry Jeff Walker & Billy Joe Shaver

9pm The Kate: Joseph 10pm O My Music with Rhiannon Giddens: Rissi Palmer

10:30 Kiriko's Crime Diary Episode 4

11:30 Songs at the Center: Part Two: Marti Jones, Don Dixon, The Shootouts, Austin Walkin' Cane & Chris Allen

12am Best of Primetime

SUNDAY

Lee's Garden (See p. 2) at the Met: La Traviata 11:30 La Otra Mirada,

Season 1, Episode 2 12am Best of Primetime

22 MONDAY

7pm • W1A, Season 1, Episode 6

7:30 Motorweek

NOVA: Into the 8pm Megavolcano. In

January 2022, one of the most powerful volcanic eruptions in recorded history rocked the islands of Tonga.



9pm Hawaiiana (See p. 2) 10pm Seaside Hotel, Season 5, Episode 4 11pm PBS NewsHour 12am Best of KRCB Pledge Programming

23 TUESDAY

7pm As Time Goes By **America's Forests** with Chuck Leavell: Wisconsin Northwoods

8pm 🔘 🕽 Nature: Born in the Rockies - First

9pm Shinmachi: Stronger Than a Tsunami. See the resilience of a unique Japanese community in Hilo, HI.

10pm The Hunter, Episode 11 11pm PBS NewsHour 12am Best of Primetime

24 WEDNESDAY

7pm Shakespeare & Hathaway: Private Investigators, Season 4, Episode 7

8pm Tom Jones on Masterpiece, Episode 2

9pm What to Do When Someone Dies. Conclusion

10pm Celebrity Antiques Road Trip. Guests are Johnny Ball and John Craven.

11pm PBS NewsHour 12am Best of Primetime

25 THURSDAY

7pm Keeping Up **Appearances**

7:30 Lucky Chow

8pm O My Grandparents' War: Toby Jones (See p. 4)

9pm Frontline: American Voices: A Nation in Turmoil

10pm Professor T, Season 3, Conclusion

11pm PBS NewsHour 12am Best of Primetime

FRIDAY 26

7pm Almost Royal: Boston 7:30 Samantha Brown's

Places to Love

8pm C Love, Inevitably, Conclusion

9pm Ondependent Lens: Love in the Time of Fentanyl. As deaths in Vancouver, Canada reach an all-time high, the Overdose Prevention Society opens its doors.

10:30 Reconnecting Roots: Baseball - First Pitch

11pm PBS NewsHour 12am Best of Primetime

SATURDAY 27

7pm Ask This Old House

7:30 This Old House

8pm Austin City Limits: **Brittany Howard**

9pm The Kate: The Wood **Brothers**

Primetime Listings KRCB OPBS

10pm 🗗 My Music with Rhiannon Giddens:: Charly Lowry

10:30 Kiriko's Crime Diary, Conclusion

11:30 Songs at the Center, Part 2: Beth Nielsen Chapman, The Accidentals, Maia Sharp, Kim Richey

12am Best of Primetime

28 SUNDAY

7pm The Tuskegee
Airmen: Return to
Ramitelli (See p. 4)

11:30 La Otra Mirada, Season 1, Episode 3

12am Best of Primetime

29 MONDAY

7pm **②** W1A, Season 1, Episode 7

7:30 Motorweek

8pm O NOVA: Your Brain – Perception Deception

(See p. 5)

9:30 My Planet, My Voice 10pm Seaside Hotel, Season 5, Episode 5

11pm PBS NewsHour

12am Best of KRCB Pledge Programming

30 TUESDAY

7pm As Time Goes By

7:30 America's Forests with Chuck Leavell: Wisconsin South

8pm Nature: Season of the Osprey

9pm Bay Area Bountiful: Living with Climate Change – Heads Above Water (See p. 5)

9:30 Bay Area Bountiful: The Center for Ecoliteracy

10pm The Hunter, Conclusion 11pm PBS NewsHour 12am Best of Primetime

31 WEDNESDAY

7pm Shakespeare & Hathaway: Private Investigators, Season 4, Episode 8

Awakening: From Firestorms to Climate Healing. Stories from 2017 Tubbs/Nuns Firestorm. Survivors situate the global climate crisis in the microcosm of Sonoma County and ask how can we recover from trauma while providing insights to prevent the

further demise of our

10pm © Celebrity Antiques Road Trip. Guests are James Bolam and Susan Jameson.

planet.



11pm PBS NewsHour 12am Best of Primetime

New Programming

♦ Health Connections Programming

Bay Area Bountiful/ Environment/Ag Programming



KPJK 🏶

Daytime Listings

MONDAY

6am ICT Newscast

6:30 Fit First

7am Teepee Time

7:30 Waabiny Time

8am Tiga Talk

8:30 ♦ Yndi Yoga

9am ♦ Classical Stretch: By Essentrics

9:30 ♦ Sit and Be Fit

10am Samantha Brown's Places to Love

10:30 Crossing South

11am Untamed Gourmet

11:30 Travel & Delights

12pm C Lidia's Kitchen

12:30 Jazzy Vegetarian

1pm Lucky Chow

1:30 American Woodshop

2pm Woodsmith Shop

2:30 Schwanke's Life in Bloom

3pm Native Planet

4pm Moosemeat & Marmalade

4:30 Democracy Now!

5:30 DW The Day

TUESDAY

6am ICT Newscast

6:30 Fit First

7am Teepee Time

7:30 Waabiny Time

8am Tiga Talk

8:30 ♦ Happy Yoga w/ Sarah

9am ♦ Classical Stretch: By Essentrics

9:30 ♦ Sit and Be Fit

10am 🔂 By the River

Toani & by the River

10:30 Ricks Steves Europe 11am Cooking Hawaiian Style

Tram Cooking Hawaiian Sty

11:30 Travel & Delights

12pm Sara's Weeknight Meals 12:30 Weekends with Yankee

1pm • The Dookey Chase Kitchen: Leah's Legacy



1:30 Quilting Arts

2pm Best of Sewing with Nancy

2:30 Fons & Porter's Love of Quilting

3pm The Native Drum with Shawn Littlebear

3:30 Seeing Canada

4pm Moosemeat & Marmalade

4:30 Democracy Now!

5:30 DW The Day

WEDNESDAY

6am ICT Newscast

6:30 Fit First

7am Teepee Time

7:30 Waabiny Time

8am Tiga Talk

8:30 ♦ Wai Lana Yoga

9am ♦ Classical Stretch: By Essentrics

9:30 Sit and Be Fit

10am Les Stroud Beyond Survival

10:30 In the Americas with David Yetman

11am Untamed Gourmet

11:30 Travel & Delights

12pm Christopher Kimball's Milk Street Television

12:30 Movable Feast with Relish

1pm America's Test Kitchen

1:30 Paint This with Jerry Yarnell

2pm Best of the Joy of Painting

2:30 Painting with Wilson Bickford



Daytime Listings | KPJK *



3pm Common Groun		Travel & Delights	SUN	DAY
Jane Whitney	•	n Pati's Mexican Table		Osina Vaisas af tha
3:30 Future History	12:30	O Christina Cooks: Back	oam	Osiyo, Voices of the Cherokee People
4pm Moosemeat &	_	to the Cutting Board	6·30	Wassaja
Marmalade		Dining with the Chef	7am	Teepee Time
4:30 Democracy Nov	w: 1:30	Classic Woodworking;		Little J and Big Cuz
5:30 DW The Day		Home Diagnosis begins 5/19	8am	Tiga Talk
THURSDAY	2nm	Real Life with		Wolf Joe
	zpiii	Susan Harf	9am	Growing a Greener
6am ICT Newscast	2:30	World's Greatest	74111	World
6:30 Fit First		Cruises	9.30	Bringing It Home with
7am Teepee Time	3pm	Make Prayers to the	7.50	Laura McIntosh
7:30 Waabiny Time	•	Raven	10am	n Ciao Italia
8am Tiga Talk	3:30	Seeing the USA; Bears'	10:30	Taste of Malaysia with
8:30 ♦ Yoga in Practi		Lair begins 5/12		Martin Yan
9am ♦ Classical Stret	ich: 4pm	Native Report	11am	n 🗘 Japanology Plus
By Essentrics	4:30			Trails to Oishii Tokyo
9:30 ♦ Sit and Be Fit	3.30	DW The Day	12pn	n O Dining with the Chef
10am Roadtrip Nation	CATI	JRDAY) Joanne Weir's Plates
10:30 Today's Wild W	est	JILDAI		and Places
11am Cooking Hawaii	, bam	FNX Now Block	1pm	Make48
11:30 Travel & Delight	0:50	Native Report	1:30	Start Up
12pm Trails to Oishii T	OKVO.	Teepee Time	2pm	Consuelo Mack
12:30 Simply Ming	7:30	Little J and Big Cuz		Wealthtrack
1pm My Greek Table	with	Lakota Berenstain	2:30	Opportunity Knock\$
Diane Kochilas		Bears	3pm	The Whitney Reynolds
1:30 It's Sew Easy	8:30	The Magic Canoe		Show
2pm Knit and Croche		O J Schwanke's		Asia Insight
2:30 Fit 2 Stitch		Life in Bloom	4pm	Articulate with
3pm Urban Native G	^{irl} 9:30	Garden Smart		Jim Cotter
3:30 Going Native	10an	n 🗘 ♦ Healthy Minds	4:30	Common Ground with
4pm Ruth-Ann Thorn	ı	with Dr. Jeffrey		Jane Whitney
Presents		Borenstein	5:30	Gzero World with Ian
4:30 Democracy Nov		O Closer to Truth		Bremmer
5:30 DW The Day		n Rick Steves' Europe		
FRIDAY	11:30	O Kevin Belton's New Orleans Celebrations		ogram listings are curate at the time of
6am ICT Newscast	12nn	n Weekends with Yankee		nting. For late pro-
6:30 Fit First	•	O America's Test Kitchen		mming changes, see
		Cook's Country		r website.
7am Teepee Time	•	Listing Country	•	Health Connections

1:30 Lidia's Kitchen

3pm Untamed

2pm Woodsmith Shop

2:30 American Woodshop

3:30 Conscious Living

4pm Travel Detective

5pm Bay Area Bountiful

5:30 Bay Area Bountiful

4:30 Skindigenous

- **Health Connections** Programming
- Bay Area Bountiful/ Environmental/Ag **Programming**
- New Programming



The majority of our primetime programs are closed captioned.

7:30 Waabiny Time 8am Tiga Talk 8:30 ♦ Happy Yoga w/ Sarah 9am ♦ Classical Stretch:

By Essentrics

9:30 ♦ Sit and Be Fit 10am Cycle Around Japan Highlights

10:30 🗘 Japanology Plus 11am Untamed Gourmet



KPJK Primetime Listings

1	MONDAY		with Ian Bremmer	7pm	Rick Steves' Europe: Sicilian Delights
6pm	NHK Newsline	5	FRIDAY	7:30	Joanne Weir's Plates
•	France 24	4	Asia Insieht	,	and Places
7pm	Fly Brother with Ernest White II		Asia Insight France 24	8pm	Conveying the Horrors of War:
	Lucky Chow The Ito Sisters: An American Story	7pm	☼ Bay Area Travel & Wine Auction	9pm	Ukraine's Frontline Journalists (See p. 4) Hope Street, Episode
-	Silent Witness: Redemption, Part 1	•	Democracy Now! Asia Insight	10pm	Democracy Now! Laura Flanders Show
	n Democracy Now! n The Chavis Chronicles	6	SATURDAY	10	WEDNESDAY
2	TUESDAY	6pm	50 St ates of	•	NHK Newsline
•	NHK Newsline France 24	6:30	Sustainability Energy Switch	7pm	France 24 Wild Rivers with Tillio Pati's Mexican Table
7pm	Rick Steves' Europe: The Best of Sicily	7pm	☼ Bay Area Travel & Wine Auction	8pm	Vietnam: An Inner
7:30 8nm	Joanne Weir's Plates and Places Somewhere Street:	10pm	Nightmare Theatre: The Killer Shrews		View. A compassionate look at life in country circa 1968.
opiii	Kyiv – A Special Edition, Ukraine	7	SUNDAY	Michigan	
10pm	Hope Street, Episode 8 Democracy Now!	6pm	The Legacy List with Matt Paxton		
3 	Laura Flanders Show WEDNESDAY	7pm			CALL.
6pm	NHK Newsline	10pm	Laura Flanders Show	S)41	
	France 24	-	Love & Respect with Killer Mike		Traces, Episode 2 Democracy Now!
	Pati's Mexican Table Soldier On: Life After	11pm	The Whole Truth with David Eisenhower		Love & Respect with Killer Mike
9pm	Deployment Traces, Episode 1	8	MONDAY	11	THURSDAY
•	Democracy Now!		NHK Newsline		
-	Love & Respect with	•	France 24		NHK Newsline
	Killer Mike Live		Fly Brother with		France 24 Samantha Brown's
4	THURSDAY	•	Ernest White II	•	Places to Love
•	NHK Newsline		Lucky Chow A Thousand Pebbles		Taste of Malaysia with Martin Yan
	France 24 Samantha Brown's		on the Ground Bloodline	-	Medicating Normal (See p. 19)
7:30	Places to Love Taste of Malaysia with	9pm	Silent Witness: Redemption, Part 2	9pm	Coroner, Season 1, Epiaode 20
0	Martin Yan	_	Democracy Now!	-	Democracy Now!
•	Crazy (See p. 19) Coroner, Season 1,	11pm 9	The Chavis Chronicles TUESDAY	11pm	Gzero World with lan Bremmer
10pm	Episode 19 Democracy Now!			12	FRIDAY
	Gzero World	•	NHK Newsline France 24	6pm	Asia Insight

Primetime Listings | KPJK *



6:30 France 24 7pm Joseph Rosendo's Travelscope 7:30 Moveable Feast with Relish

8pm Welcome to Commie High

9pm Whitechapel, Episode 8

10pm Democracy Now! 11pm Asia Insight

SATURDAY 13

6pm 9 50 States of Sustainability 6:30 Senergy Switch 7pm Lucky Chow 7:30 Highpointers with the **Bargo Brothers** 8pm Music California 8:30 Bands of Enchantment: Southern Avenue 9pm Afropop: The Ultimate Cultural Exchange 10pm O Nightmare Theatre: The Mesa of Lost Women

14 SUNDAY

6pm The Legacy List with Matt Paxton 7pm Come Back Anytime

8pm Rick Steves Art of the Renaissance

9pm O Death in Paradise, Episode 5

10pm Laura Flanders Show 10:30 Love & Respect with

Killer Mike

11pm The Whole Truth with David Eisenhower

MONDAY 15

6pm NHK Newsline 6:30 France 24

7pm Fly Brother with Ernest White II

7:30 Lucky Chow

8pm China: Frame By Frame (See p. 2)

9pm Silent Witness: Bad Love, Part 1

10pm Democracy Now!

11pm The Chavis Chronicles

16 TUESDAY

6pm NHK Newsline

6:30 France 24

7pm Rick Steves' Europe: Scotland's Highlands

Joanne Weir's Plates and Places

8pm Culture Quest: Ukraine (See p. 19)

9pm Hope Street, Episode 10

10pm Democracy Now! 11pm Laura Flanders Show

WEDNESDAY 17

6pm NHK Newsline

6:30 France 24

7pm Wild Rivers with Tillie

7:30 Pati's Mexican Table

8pm C The Tuskegee Airmen: Return to Ramitelli (See p. 4) 9pm 🗘 Traces, Episode 3

10pm Democracy Now! 11pm Love & Respect with Killer Mike

18 THURSDAY

6pm NHK Newsline

6:30 France 24

7pm Samantha Brown's Places to Love

7:30 Taste of Malaysia with Martin Yan

8pm Ounconditional: Healing Hidden Wounds (See p. 19)

9:30 North Korea: Inside the Hermit Kingdom

10pm Democracy Now! 11pm Gzero World with Ian Bremmer

19 **FRIDAY**

6pm Asia Insight 6:30 France 24

7pm Joseph Rosendo's Travelscope

7:30 Moveable Feast with Relish

story of the children who lived the history behind the landmark desegregation case of Taylor vs. Board of



9pm Whitechapel, Episode 9 10pm Democracy Now! 11pm Asia Insight

20 SATURDAY

6pm 9 50 States of Sustainability

6:30 Denergy Switch

7pm Lucky Chow

Highpointers with the 7:30 **Bargo Brothers**

8pm Music California

8:30 Bands of Enchantment: Carlos Medina / Micah Thunder

9pm Afropop: The Ultimate Cultural Exchange

10pm O Nightmare Theatre: The Brain That Wouldn't Die

21 SUNDAY

6pm The Legacy List with Matt Paxton

Ainu – A New **Generation** (See p. 19)

the Baroque Age

9pm O Death in Paradise,

Episode 6 10pm Laura Flanders Show

10:30 Love & Respect with Killer Mike

11pm The Whole Truth with **David Eisenhower**

KPJK Primetime Listings

22	MONDAY	11pm	Gzero World with lan Bremmer		France 24 Fly Brother with
6pm	NHK Newsline	•		/pm	Ernest White II
6:30	France 24	26	FRIDAY	7:30	Lucky Chow
7pm	Fly Brother with	6pm	Asia Insight		Armed with Language
	Ernest White II	•	France 24	9pm	Silent Witness: The
	Lucky Chow	7pm	Joseph Rosendo's		Greater Good, Part 2
8pm	Before They Take Us	·	Travelscope		n Democracy Now!
0	Away	7:30		11pn	The Chavis Chronicles
ърш	Silent Witness: Bad Love, Part 2	_	with Relish	30	TUESDAY
10pm	Democracy Now!		Dream in Doubt		
•	The Chavis Chronicles	Урm	Whitechapel, Episode 10	•	NHK Newsline
•		10nm	Democracy Now!		France 24
23	TUESDAY	•	Asia Insight	7pm	Rick Steves' Europe: Glasgow and Scottish
6pm	NHK Newsline	•	-		Passions
•	France 24	27	SATURDAY	7:30	Joanne Weir's Plates
7pm	Rick Steves' Europe:	6pm	50 States of		and Places
	Scotland's Islands	ор	Sustainability	8pm	When We Were
7:30	Joanne Weir's Plates	6:30	Energy Switch		Shuttle
0	and Places	7pm	Lucky Chow		Democracy Now!
8pm	A World Without NASA, Part 1	7:30	Highpointers with the	11pn	n Laura Flanders Show
9pm	A World Without	_	Bargo Brothers	31	WEDNESDAY
, p	NASA, Part 2	•	Music California		NILIIZ NI P
10pm	n Democracy Now!	8:30	Bands of Enchantment: Sara Marie Rorie /		NHK Newsline France 24
11pm	Laura Flanders Show		Levi Platero Band	0:30	France 24
24	WEDNESDAY	9pm	Afropop: The Ultimate	7pm	♦ Bay Area
		•	Cultural Exchange	-	Bountiful: Living with
6pm	NHK Newsline	10pm	Nightmare Theatre:		Climate Change –
	France 24		Horror Express		Heads Above Water
•	Wild Rivers with Tillie	28	SUNDAY		(See p. 5)
	Pati's Mexican Table			7:30	Pati's Mexican Table
8pm	The Seabees on Iwo Jima	6pm	Music & Might: An	8pm	Finding the Virgo
Onm	Traces, Episode 4		International Military Spectacular		Traces, Episode 5
	n Democracy Now!	7pm	Sky Blossom: Diaries	10pn	n Democracy Now!
•	Love & Respect with	•	of the Next Greatest	11pn	Love & Respect with
	Killer Mike		Generation		Killer Mike. Guest is
25	THURSDAY	8:30	Memorial Day		Aunjanue Ellis.
	INUKSDAI		Massacre: Workers Die, Film Buried		
6pm	NHK Newsline	9nm	Death in Paradise,		The majority of
6:30	France 24	, b	Episode 7		C our primetime
7pm	Samantha Brown's	10pm	Laura Flanders Show		programs are closed captioned.
	Places to Love		Love & Respect with		ciosed captioned.
/:30	Taste of Malaysia with		Killer Mike	© I	New Programming
2nm	Martin Yan Orchestrating Change	11pm	The Whole Truth with	b B	ay Area Bountiful/
opiii	(See p. 19)		David Eisenhower	Env	/ironment/Ag
9:30	Learning from	29	MONDAY	Pro	gramming
	Costa Rica	6r	NHK Newsline		
40	D N 1	UDIII	INITIA INGMAILIE		

6pm NHK Newsline

10pm Democracy Now!

Focus on Mental Health * NorCal



Crazy

Thursday, May 4 at 8 pm on KPJK TV

Crazy follows Eric, a diagnosed schizophrenic, faced with a critical choice – whether to comply with traditional mental health treatment or follow his own path to wellness. The documentary looks at involuntary treatment and explores the bigger issues and questions raised by this very personal experience.



Medicating Normal

Thursday, May 11 at 8 pm on KPJK TV

Follows the stories of five people whose doctors prescribed psychiatric drugs to help with familiar problems such as stress, mild depression, sleeplessness, grief, etc. This is the untold story of the very serious consequences that can occur when profit-driven medicine intersects with human beings in distress.



Unconditional: Healing Hidden Wounds

Thursday, May 18 at 8 am on KPJK TV

A revealing documentary about the home healthcare crisis of mental wellness. Mental health issues and questions of emotional wellness challenge some 50 million family caregivers each year, and often they do not know it.



Orchestrating Change

Thursday, May 25 at 8 pm on KPJK TV

The inspiring story of the Me 2 Orchestra, the only classical music organization in the world created by and for people with mental illness. One concert at a time, across New England, the orchestra is combating stigmas about mental illness, dispelling stereotypes, and demonstrating what people with mental illness can accomplish while working together.



Nonprofit Org U.S. Postage PAID Petaluma, CA



Stream your favorite PBS shows, series and much more, by adding Passport to your PBS Video App. You'll find more than 1,500 shows to binge, discover and enjoy.

Get Passport with any donation of \$60 or more to Northern California Public Media.

PLUS get exclusive shows only available on Passport.

Only on Passport—5 BBC dramas (Pride & Prejudice, Wallander, Mansfield Park, Aristocrats, Moonstone)

> Another Passport exclusive: Fanny: Right to Rock

Visit Norcalpublicmedia.org/donate to get Passport and a ROKU device for an \$84 pledge That's just \$7/month!

Or call 707-584-2018 to get started.



5850 Labath Avenue Rohnert Park, CA 94928